Kara Anne Goobic, Psy.D. Licensed Psychologist

MD License #3917 8720 Georgia Avenue Suite 205 Silver Spring, MD 20910 (Work) 240-942-9370 (Fax) 301-495-6394

Website: drkaragoobic.com Email: drkaragoobic@gmail.com

EDUCATION

Doctor of Psychology The Chicago School of Professional Psychology, Chicago, IL

Degree conferred: November 2001

Master of Arts Clinical Psychology

Loyola College, Baltimore, Maryland Degree conferred: January 1995

Bachelor of Arts Major: Psychology

The Catholic University of America, Washington, D.C.

Degree conferred: May 1991

CLINICAL EXPERIENCE

PRIVATE PRACTICE, Silver Spring, MD

April 2011 - Present

Licensed Psychologist

Provide individual psychotherapy to young adults and adults diagnosed with Autism Spectrum disorder and Attention Deficit disorder; perform adult autism spectrum diagnostic evaluations.

ADULT ADHD CENTER OF WASHINGTON, Washington, DC

July 2017 - January 2020

Licensed Psychologist

Provided assessments, individual psychotherapy and coaching to adults; Co-lead coaching groups for adults with ADHD

THRIVE CENTER FOR ADHD AND COMPREHENSIVE MENTAL HEALTH CARE OF CENTRAL MARYLAND

Columbia, MD May 2014 - Sept. 2015

Licensed Psychologist

Provided individual psychotherapy to children, adolescents and adults diagnosed with a wide variety of conditions; Team member of the Heron's Gate program - an intensive program for young adults and their families who are struggling with the launch to independence.

Silver Spring, MD

Licensed Psychologist

Provided individual psychotherapy to children and adults diagnosed with AD/HD, autism spectrum, and related disorders; completed diagnostic evaluations of autism spectrum disorders using the Autism Diagnostic Observations Schedule (ADOS).

ST. JOHN'S COMMUNITY SERVICES

October 2003 - March 2004

Washington, DC

Licensed Psychologist

Provided consultation to self-contained SJCS classrooms within the DC public school system; developed and implemented behavioral plans for children, adolescents, and adults with autistic spectrum disorders; conducted individual counseling with children and adolescents; lead social groups for children with autistic spectrum disorders; provided consultation to adult residents of SJCS group homes.

ARGOSY UNIVERSITY SCHOOL OF PROFESSIONAL PSYCHOLOGY

September 2003 – December 2003

Washington, DC

Adjunct Faculty

Taught Clinical Interviewing Course to first year doctoral students. Course involved lecture, discussion, and role-plays.

KENNEDY KRIEGER INSTITUTE THE CENTER FOR AUTISM AND RELATED DISORDERS

November 2002 – April 2003

Baltimore, MD

Psychology Associate

Conducted multiple training seminars for Kennedy Krieger staff; presented to the Anne Arundel County chapter of the Autism Society of America; provided individual therapy to children and adolescents with autistic disorders; provided family therapy; participated in team diagnostic evaluations of children with autistic spectrum disorders; consulted to the Center for Autism and Related Disorders preschool; implemented structured teaching methods to children with autistic disorders.

TRAINING

UNIVERSITY OF NORTH CAROLINA SCHOOL OF MEDICINE September 2001 – August 2002 CHAPEL HILL TEACCH CENTER, Chapel Hill, NC

Postdoctoral Fellowship

Participated in team diagnostic evaluations of children with autism; implemented structured teaching methods to children with autism; co-facilitated structured playgroup for two-year-old children with autism; provided individual counseling to adults with autism; utilized early intervention program through home-based interventions; provided school consultation; co-facilitated social skills training in naturalistic environment with adults with high functioning autism; supervised honors high school student as part of mentor program; provided consultation to Autism Society of North Carolina summer camp.

UNIVERSITY OF NORTH CAROLINA SCHOOL OF MEDICINE September 2000 - August 2001 DEPARTMENT OF PSYCHIATRY, Chapel Hill, NC

Predoctoral Internship - Community Pediatric Psychology (A.P.A Accredited program)

Clinical Rotations at University of North Carolina Chapel Hill: CHAPEL HILL TEACCH CENTER

Division TEACCH is a diagnostic, research, and educational program for children and adults with related autistic and communication disorders. Administered the Psychoeducational Profile (PEP) to children to assess autism; conducted classroom observations and provided educational interventions to children with autism.

COUNSELING AND PSYCHOLOGICAL SERVICES DIVISION OF STUDENT AFFAIRS, *Chapel Hill. NC*

Provided individual short-term psychotherapy to students of UNC; received weekly supervision; participated in clinical case conferences, and attended training seminars.

PROJECT ENLIGHTENMENT, Raleigh, NC

Project Enlightenment is a model service program, part of Wake County Public Schools. PE provides services to children from birth through kindergarten and their families. Co-facilitated Positive Discipline workshop for parents; provided counseling to parents of preschoolers; participated in play-based assessments of preschoolers; provided individual short-term therapy to children under the age of 5; provided consultation to public school classrooms.

PROFESSIONAL AFFILIATIONS

Maryland Psychological Association Association of Practicing Psychologists; Montgomery and Prince George's Counties Autism Society of America, Montgomery County Chapter

PUBLICATIONS

Becker, L., Goobic, K., & Thomas, S. (2009). *Advising families on AD/HD: A multimodal approach*. Pediatric Nursing, January-February, Vol. 35, No. 1.

- Goobic, K. (2001). The role of social support and adult attachment on parenting attitudes of mothers of at risk infants. Unpublished Doctoral Dissertation, the Chicago School of Professional Psychology, Chicago.
- Goobic, K. (1995). Domestic violence as a predictor of mother's underestimation of children's distress symptoms in the NIMH community violence project. Unpublished Master's Thesis, Loyola College of Maryland, Baltimore.

MEDIA APPEARANCES

NPR – *Your Health* with Alison Aubrey – "Learning to Thrive with Attention Deficit Disorder", September 18, 2008.