

CURRICULUM VITAE

**Kara Anne Goobic, Psy.D.
Licensed Psychologist
Maryland License # 3917**

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EDUCATION

Doctor of Psychology	The Chicago School of Professional Psychology, Chicago, IL Degree conferred: November 2001
Master of Arts	Clinical Psychology Loyola College, Baltimore, Maryland Degree conferred: January 1995
Bachelor of Arts	Major: Psychology The Catholic University of America, Washington, D.C. Degree conferred: May 1991

PROFESSIONAL POSITIONS

THRIVE CENTER FOR ADHD AND COMPREHENSIVE MENTAL HEALTH CARE OF CENTRAL
MARYLAND
COLUMBIA, MD
May 2014 – Present

Licensed Psychologist

Provide individual psychotherapy to children, adolescents and adults diagnosed with a wide variety of conditions;
Team member of the Heron's Gate program - an intensive program for young adults and their families who are
struggling with the launch to independence.

KARA GOOBIC, PSY.D.
SILVER SPRING, MD

April 2011 – Present

Licensed Psychologist

Provide individual psychotherapy to children, adolescents and adults diagnosed with autism spectrum and attention
deficit disorders; perform autism spectrum diagnostic evaluations; conduct home visits and school consultations.

CHESAPEAKE ADHD CENTER OF MARYLAND
SILVER SPRING, MD

March 2004 – April 2011

Licensed Psychologist

Provided individual psychotherapy to children and adults diagnosed with AD/HD, and autism spectrum, and related disorders; completed diagnostic evaluations of autism spectrum disorders using the Autism Diagnostic Observations Schedule (ADOS).

ST. JOHN'S COMMUNITY SERVICES
WASHINGTON, DC

October 2003 – March 2004

Licensed Psychologist

Provided consultation to self-contained SJCS classrooms within the DC public school system; developed and implemented behavioral plans for children, adolescents, and adults with autistic spectrum disorders; conducted individual counseling with children and adolescents; lead social groups for children with autistic spectrum disorders; provided consultation to adult residents of SJCS group homes.

ARGOSY UNIVERSITY
SCHOOL OF PROFESSIONAL PSYCHOLOGY
WASHINGTON, DC

September 2003 – December 2003

Adjunct Faculty

Taught Clinical Interviewing Course to first year doctoral students. Course involved lecture, discussion, and role-plays.

KENNEDY KRIEGER INSTITUTE
THE CENTER FOR AUTISM AND RELATED DISORDERS
BALTIMORE, MD

November 2002 – April 2003

Psychology Associate

Conducted multiple training seminars for Kennedy Krieger staff; presented to the Anne Arundel County chapter of the Autism Society of America; provided individual therapy to children and adolescents with autistic disorders; provided family therapy; participated in team diagnostic evaluations of children with autistic spectrum disorders; consulted to the Center for Autism and Related Disorders preschool; implemented structured teaching methods to children with autistic disorders.

UNIVERSITY OF NORTH CAROLINA SCHOOL OF MEDICINE
CHAPEL HILL TEACCH CENTER, CHAPEL HILL, NC

September 2001 – August 2002

Postdoctoral Fellowship

Participated in team diagnostic evaluations of children with autism; implemented structured teaching methods to children with autism; co-facilitated structured playgroup for two-year-old children with autism; provided individual counseling to adults with autism; utilized early intervention program through home-based interventions; provided school consultation; co-facilitated social skills training in naturalistic environment with adults with high functioning autism; supervised honors high school student as part of mentor program; provided consultation to Autism Society of North Carolina summer camp.

UNIVERSITY OF NORTH CAROLINA SCHOOL OF MEDICINE
DEPARTMENT OF PSYCHIATRY, CHAPEL HILL, NC
A.P.A. Accredited Program

September 2000 - August 2001

Psychology Intern – Community Pediatric Psychology

Clinical Rotations at University of North Carolina Chapel Hill

Wake Medical Center

Administered developmental evaluations to children in a high-risk infant follow up clinic; administered psychological evaluations to children referred by Wake County Human Services who were in the foster care system or otherwise involved with this agency; provided inpatient pediatric consultations with patients who had a wide range of diagnoses, from accidental injury through child abuse and neglect, or chronic illness.

Chapel Hill TEACCH Center

Division TEACCH is a diagnostic, research, and educational program for children and adults with related autistic and communication disorders. Administered the Psychoeducational Profile (PEP) to children to assess autism; conducted classroom observations and provided educational interventions to children with autism.

Counseling and Psychological Services

Division of Student Affairs, UNC-Chapel Hill

Provided individual short-term psychotherapy to students of UNC; received weekly supervision; participated in clinical case conferences, and attended training seminars.

Project Enlightenment, Raleigh, NC

Project Enlightenment is a model service program, part of Wake County Public Schools. PE provides services to children from birth through kindergarten and their families. Co-facilitated Positive Discipline workshop for parents; provided counseling to parents of preschoolers; participated in play-based assessments of preschoolers; provided individual short-term therapy to children under the age of 5; provided consultation to public school classrooms.

Professional Affiliations

Maryland Psychological Association
American Psychological Association
Association of Practicing Psychologists; Montgomery and Prince George's Counties
Autism Society of America, Montgomery County Chapter

PUBLICATIONS

Becker, L., Goobic, K., & Thomas, S. (2009). *Advising families on AD/HD: A multimodal approach*. Pediatric Nursing, January-February, Vol. 35, No. 1.

Goobic, K. (2001). *The role of social support and adult attachment on parenting attitudes of mothers of at risk infants*. Unpublished Doctoral Dissertation, the Chicago School of Professional Psychology, Chicago.

Goobic, K. (1995). *Domestic violence as a predictor of mother's underestimation of children's distress symptoms in the NIMH community violence project*. Unpublished Master's Thesis, Loyola College of Maryland, Baltimore.

